

Proud to Care

DONCASTER



Care Assistant

Working with lots of different people, with lots of very different needs



What is a Care Assistant?

The role of a Care Assistant/Domiciliary Carers are paramount in the day-to-day lives of all the people they care for and are the foundation of the Social Care Sector.

Care Assistants often work in a Residential / Nursing home or in the Community visiting people in their own home who have direct care needs.

You could work with lots of different people, with lots of very different needs, depending on their age, and their long and short-term health conditions. These could include health conditions such as:

Dementia / Alzheimer's / Stroke / Parkinson's disease / Huntington's disease / Multiple Sclerosis / Arthritis – Osteoarthritis, Rheumatoid

Heart Conditions / Multiple Co Morbidities / Age related memory loss

The duties of a care assistant vary depending on the people they are caring for, but could include assisting people with managing their:

- Personal hygiene needs, including washing, dressing and bathing
- Assisting people at meal times to eat and drink well
- Helping people to live independently and maintain as much independence as possible
- Access social and physical activities of interest to them, keep people active, mentally and physically for as long as possible
- Assist in the monitoring of health conditions by taking temperatures, Checking pulse rate, respiration, weight, blood pressure and possibly managing or assisting them to manage their medications.
- Escorting people to hospital / dental / GP appointments where required
- Working alongside a vast range of other health professionals also involved in the persons care.



Whatever you are doing as a Care Assistant / Domiciliary carer, the job is full of very rewarding and special moments as you help individuals live a full and enriched life.

Without you, their lives would not be the same and would struggle with managing simple day-to-day tasks, feeling a sense

of belonging, have friendships, or have the opportunity to live their lives to the fullest.

Care work can be a rewarding career and there is plenty of opportunity within the sector to develop your knowledge and skills and make a lifelong career of caring and helping others.

So how do I get started in an Adult Social Care Career?

You do not need any formal qualifications to get started in a Care Assistant / Domiciliary role, but what you do need is the right attributes such as:

- Caring / Compassionate / Courageous / Committed / Good communicator
- Be willing to undertake training, needed to develop your skills and knowledge in the sector to help and care for others, which will ensure you are competent within the role.





All Care workers will be required to complete the Care Certificate within the first 12 weeks of employment; your employer will coordinate this, where you will get support and time to complete.

This will involve in completing a number of Mandatory training courses such as:

Nutrition & Hydration / Mental Capacity / Providing Personal Care /
Health & Safety / Fire Awareness / DoLS (Deprivation of Liberty
Safeguards) / Moving & Handling / Record Keeping & Report Writing
(This list is not exhaustive)

Care workers do not have any supervisory duties, but will be supervised by either a Senior Carer/ Care team Leader/ or a deputy manager/ Manager.





Career Progression

Once you have started in to the care role and have completed the Care Certificate, we do advise that all care workers complete a Level 2 Diploma in Adult Care as a minimum qualification. Your place of employment would put you forward for this qualification, it is free of charge to the staff member, and will be paid through your employer. However, please be aware most employers will require you to sign a Training Agreement prior to signing you on to any further paid Education. You would need to discuss this with your employer at the time of signing up to any new training.

Within the adult Social Care Sector, there are many avenues to gain further knowledge and training i.e.

- Distance Learning Courses at level 2 & 3
- E Learning Level 2 & 3

- Face to Face training
- In house training
- Formal Diploma Qualifications
- Apprenticeships levels 2,3,4,5 & 6

If you want to progress your career in the sector please see the minimum qualifications needed per job description.

Senior Care Worker

Level two with willingness to work towards a level 3 qualification

Deputy Manager

Level three with willingness to work towards a level 4 or higher

Registered Manager

Level four with willingness to work towards a level 5 or higher.





We want every person in Doncaster to live in the place they call home with the people and things that they love, in communities where they look out for one another, doing things that matter to them.

Sometimes we need some support to live the life we choose and to do the things that are important to us. This support may come from a mix of family members, friends and neighbours, local community groups and voluntary organisations, and people employed in caring roles, like Support Workers, Social Workers, Occupational Therapists or Personal Assistants.

There are lots of different jobs in social care in Doncaster and we're sure there will be a job here for you!



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Contact us on:

Email proudtocare@doncaster.gov.uk

Telephone **01302 737908**

to speak to one of our team.

Monday to Friday 10am – 4pm.